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Taste Tint: Avocado Mint Spread

by Lisa Schantl



Want to taste Tint? We've found super tasty bread spreads in the colors of our lettering!
Cheers to our recipe for turquoise: "Avocado Mint Spread" (vegetarian)!



Tasty Avocado Mint Spread (c) Carmen
Teubenbacher

Ingredients:

- 1 avocado
- 250 g cream cheese
- 1 lemon (juice)
- roughly 20 g of mint (peppermint, or another kind)
- 2 cloves of garlic, minced
- black pepper
- salt

Preparation:

Split the avocado, get rid of the pit, and remove the fruit pulp with a spoon. Put it into a bowl, add lemon juice, and mash with a fork.

Add cream cheese, finely cut mint and garlic, salt and pepper.

Rest the spread in the refrigerator for at least 2 hours to get the most of the minty taste.
Enjoy!

Recipe based on www.kochbar.de